



Analytical Methods

High-resolution ^1H NMR profiling of triacylglycerols as a tool for authentication of food from animal origin: Application to hen egg matrixGhina Hajjar^{a,b}, Lenny Haddad^{a,b}, Toufic Rizk^a, Serge Akoka^b, Joseph Bejjani^{a,*}^a Laboratory of Metrology and Isotopic Fractionation, Research Unit: Technologies et Valorisation Agroalimentaire (TVA), Faculty of Science, Saint Joseph University of Beirut, P.O. Box 17-5208 Mar Mikhael, Beirut 1104 2020, Lebanon^b Université de Nantes, CNRS, CEISAM, UMR 6230, F-44000 Nantes, France

ARTICLE INFO

Keywords:

High-resolution ^1H NMR
 Egg Yolk triacylglycerols
 Chemometrics
 Authentication
 Fatty acids composition
 Conjugated polyene fatty acids

ABSTRACT

Metabolomics of complex biological matrices conducted by means of ^1H NMR leads to spectra suffering from severe signal overlapping. Previously, we have developed a high-resolution spectral treatment method to help solving this issue in ^1H NMR of triacylglycerols. In this work, we tested the potential of the developed method in the characterization and authentication of food products from animal origin using egg yolk as a model matrix. The approach consisted in a spectral deconvolution guided by the precision obtained on the deconvoluted peaks after reference lineshape adjustment of spectra. Thus, 135 peaks were quantitated and successfully used as biomarkers of origin, of hens breed, and of farming system. This required multivariate statistical analyses for classification. The same pool of variables allowed construction of multivariate quantitation models for individual fatty acids. Furthermore, minute amounts of conjugated fatty acids were quantitated and used as fingerprints of samples from backyard and free-range farming.

1. Introduction

Hen eggs are consumed worldwide and are known to be healthy source of nutrients such as vitamins, minerals, proteins, and fats. Development of mechanized farming systems and introduction of Genetically Modified Organisms (GMO) prompted consumers to look for authentic foodstuffs like organic or free-range eggs. Because of their scarcity, such products are sold at higher prices that make them targeted by food fraudsters.

According to Joint Research Center of the European Commission, several cases of egg frauds have been reported during 2018 and 2019 pertaining to mislabeling, lack of product documentation regarding their traceability, and contamination (European Commission, 2018 and 2019). We quote herein passing off conventional eggs as free-range or organic and selling them at higher prices.

Methods intended for verification of farming systems or product origins are increasingly requested. In the past decades, many studies focused on discrimination of organic and conventional food products using various analytical techniques combined with chemometrics such as isotope ratio monitoring by Mass Spectrometry (irm-MS) (Coletta et al., 2012; del Amor, Navarro, & Aparicio, 2008; Erich et al., 2015; Hohmann et al., 2015; Rogers, 2009), Nuclear Magnetic Resonance

(NMR) (Ackermann et al., 2019; Erich et al., 2015; Hohmann et al., 2015), Fourier-Transform Infra-Red (FTIR) (Hohmann et al., 2015; Puertas & Vázquez, 2019), and Fourier-transform Raman spectroscopy (de Oliveira Mendes, Porto, Almeida, Fantini, & Sena, 2019).

In particular, ^1H NMR emerged as a powerful tool in metabolomics for product authentication and characterization (Godelmann et al., 2013; Kortessniemi et al., 2016; Monakhova et al., 2013; Spiteri et al., 2016). ^1H NMR also allowed to detect minor components that turned out to be important discriminators such as terpenes in olive oil (Merchak et al., 2017a, 2017b) and milk (Fernandez, Astier, Rock, Coulon, & Berdague, 2004) or to have health promoting effects such as Conjugated Linoleic (CLA) and Linolenic (CLnA) Acids. Moreover, a high-resolution ^1H NMR profiling of triacylglycerols (TAG) enhanced the olive oil classification and permitted individual quantitation of fatty acids by means of a precision guided spectral deconvolution approach (Hajjar, Merchak, Daniel, Rizk, Akoka, & Bejjani, 2020).

The objective of our work was to evaluate the potential of this ^1H NMR profiling of TAG in the characterization and classification of food products from animal origin. In this respect, TAG of hen egg yolk was chosen as a model matrix and samples from different origins were considered. Multivariate analyses of spectral variables were conducted to reveal biomarkers of origin, of farming system, and of hens breed as

* Corresponding author.

E-mail address: joseph.bejjani@usj.edu.lb (J. Bejjani).<https://doi.org/10.1016/j.foodchem.2021.130056>

Received 8 March 2021; Received in revised form 5 May 2021; Accepted 5 May 2021

Available online 11 May 2021

0308-8146/© 2021 Elsevier Ltd. All rights reserved.

well as to construct prediction models for individual fatty acid contents within TAG.

2. Materials and methods

2.1. Egg samples

Fresh hen eggs were either purchased from local grocery stores or collected from non-commercial farms. Different farming systems were identified according to the hens' nutrition and welfare. First, conventional cages where birds were raised for large-scale egg commercialisation and were automatically supplied with a controlled mixture of grains; from this category, white and brown eggs—laid by two commonly raised hen breeds (see Section 3.4)—were obtained. Second, free-range where hens were raised in barns and fed with grains, yet they had access to outdoors for a part of the day. Third, backyard cages where hens roamed freely outdoors during the day and were supplied with a mixture of grains and a high amount of human food leftovers. Last, organic farming where hens were fed organic non-GMO diet consisting of mainly grains and a small amount of organic agriculture leftovers, and were given access to outdoors for a part of the day. In total, 34 egg samples were collected from 5 different farms (A, B, C, D, and E) as described in Supplemental Table S-1 where more details about diets are available. The same egg yolks were used in previous studies (Hajjar, Rizk, Akoka, & Bejjani, 2019; Hajjar, Rizk, Bejjani, & Akoka, 2020).

2.2. Chemicals

Extra pure ethanol, extra pure acetone, and petroleum ether (boiling range 35–60 °C, ACS basic) were purchased from Scharlab; diethylether (GPR rectapur) was purchased from VWR chemicals; and deuterated chloroform was purchased from Deutero GmbH. Whatman Purasil silica gel (60A, 230–400 Mesh ASTM) was used for column chromatography.

2.3. Triacylglycerols extraction

Triacylglycerols in egg yolks were extracted in a previous study using a procedure especially developed for this aim (Hajjar, Rizk, Bejjani, & Akoka, 2020). Eggshell was carefully broken and yolk was separated from egg white using a yolk extractor. Yolk was homogenized after removal of vitellus membrane and chalaza. Absolute ethanol (36 mL) was added to 10 g of yolk and mixed for 10 min (Palacios & Wang, 2005). The mixture was then filtered and the residue was washed several times with 10 mL fractions of ethanol:petroleum ether (1:1 v/v) until complete extraction of lipids, assessed by Thin Layer Chromatography (TLC). Solvents were evaporated under vacuum at 45 °C, extracted lipids were mixed with 18 mL of petroleum ether, acetone (36 mL) was added, and the mixture was kept for 40 min at −20 °C for phospholipids precipitation (Gładkowski, Chojnacka, Kiełbowicz, Trziszka, & Wawrzęńczyk, 2012). The liquid phase was decanted off and phospholipids were washed with cold acetone (−20 °C). Acetone-soluble fractions were pooled and solvents were evaporated under vacuum at 40 °C. The residue, consisting of egg yolk neutral lipids (mainly TAG and cholesterol), was dissolved in 10 mL of 10% diethylether in petroleum ether and passed through a chromatographic column prepared with 6 g of silica gel. 70 mL of the aforementioned mixture of solvents were used to elute TAG. Solvents were evaporated under vacuum at 35 °C and isolated TAG samples were stored at −20 °C without any further purification steps.

2.4. Gas chromatographic analysis

Samples were previously analyzed according to the following procedure (Hajjar, Rizk, Bejjani, & Akoka, 2020). Fatty acid methyl esters were prepared by shaking 200 mg of TAG in 3 mL of hexane with 0.4 mL of 2 N methanolic potassium hydroxide (European Commission, 1977; International Olive Council, 2015). A 1:10 dilution in hexane was

performed. An Agilent Technologies chromatograph equipped with a flame ionization detector and a fused-silica capillary column (SGE-054616, 30 m × 0.32 mm i.d., BPX70 0.25 μm) was used in this study with helium as carrier gas at flow of 1.0 mL/min. Oven temperature was programmed as follows: at 160 °C for 15 min, to 200 °C at a rate of 10 °C/min, at 200 °C for 10 min. A volume of 1 μL was injected with a split ratio of 50:1 and an injector temperature of 200 °C. The detector temperature was set at 270 °C. Two injections were performed for each sample with a total elution time of 58 min. Mass percentages of each fatty acids within egg yolk were determined by dividing its peak area by the total peak area of detected fatty acids in each sample Supplemental Table S-2. Standard fatty acid methyl esters, purchased from sigma Aldrich, were used to determine their retention time.

2.5. NMR experiments

2.5.1. Acquisition

Triacylglycerols of egg yolk (167 mg) were dissolved in 560 μL of CDCl₃ and the mixture was transferred to a 5 mm NMR tubes (Fauhl, Reniero, & Guillou, 2000). One-dimensional ¹H NMR spectra (Supplemental Fig. S-1.a) were recorded on a 400 Bruker Avance II spectrometer operating at 400.13 MHz using the following conditions: probe temperature 25 °C, time domain size 64 K, pulse angle 30°, pulse width 27.4 μs, spectral width 9 ppm, acquisition time 9.1 s, relaxation delay 1 s, 4 dummy scans and 32 scans. The longest longitudinal relaxation time T₁ (3.19 s) was observed for the methyl group of the linolenic acid as measured by the inversion-recovery method. For each sample, seven spectra were recorded leading to a global experiment time of 43 min.

2.5.2. Spectral processing

The recorded Free Induction Decays (FID) was zero-filled to 128 K. An exponential apodization function was applied inducing a line broadening of 0.3 Hz prior to the Fourier transformation. Spectra were manually phased and a polynomial (n = 5) baseline correction was automatically applied. Reference Lineshape Adjustment (RLA) was applied for each spectrum using Bruker TOPSPIN software. CHCl₃ signal was used as reference to compute the error function $\varepsilon^r(t)$ that will be used to adjust the experimental FID according to the following equation (Metz, Lam, & Webb, 2000; Morris, Barjat, & Horne, 1997):

$$FID_{adj}(t) = \frac{FID_{exp}(t)}{\varepsilon^r(t)} \quad (1)$$

where $FID_{exp}(t)$ is the experimental recorded FID and $FID_{adj}(t)$ is the adjusted FID that henceforth replaces $FID_{exp}(t)$. Spectral deconvolution was directed by the precision obtained on the deconvoluted peaks after reference lineshape adjustment of spectra; i.e. the CHCl₃ peak shape was adjusted until a spectral resolution between 19 and 20% was reached. It was expressed in percent as intensity of the minimum between signals at 4.288 and 4.299 ppm relative to intensity of signal at 4.299 ppm (Merchak et al., 2017a, 2017b).

Each region (aliphatic, allylic, diallylic, vinylic, methyl of non-ω3 fatty acids, a methyl of cholesteryl esters, and methyl of linolenic acid, Supplemental Fig. S-1) was then calibrated and deconvoluted by adding the minimum number of peaks allowing the best fit (Hajjar, Merchak, Daniel, Rizk, Akoka, & Bejjani, 2020). Intensities of deconvoluted peaks were normalized relative to the sum of peak intensities related to the methylene at position 2 (the sum of peak intensities was set to 600); corresponding areas were normalized similarly (Supplemental Fig. S-1 and Table S-3). For samples in which signals of CLA and CLnA were perceivable, corresponding peak intensities were measured and used to calculate their percentages within TAG (See Section 3.1. and Supplemental Table S-4).

2.6. Chemometrics

Data obtained from ^1H NMR and gas chromatography analyses of egg yolks TAG were subjected to the following statistical treatments using TANAGRA data mining software (Rakotomalala, 2005). First, an exploratory analysis was performed by means of Principal Component Analysis (PCA). Then, Canonical Discriminant Analysis (CDA) and Linear Discriminant Analysis (LDA) were used for the classification of egg samples. A backward elimination approach was used to select variables for classification models based on their Wilks' λ values. In each case, performance and robustness of the model were assessed using LDA-Error rate (LDA-Er) and Leave-One-Out Error rate (LOO-Er) as indicators, respectively. One-way analysis of variance (ANOVA) was used to determine whether there were any statistically significant differences between the means of egg groups.

Partial Least Square Regression (PLSR) was used for construction of fatty acid quantitation models based on ^1H NMR variables as predictors and fatty acids mass percentages determined by Gas Chromatography (GC) as targets. PLSR models were built by eliminating non-relevant variables according to their standardized regression coefficient while adjusting the number of components (h) based on the cross-validation test (by randomly leaving out 10% of the training samples). Maximum cumulative Q^2 (Q^2_{cum}) and Predicted Residual Error Sum of Squares (PRESS) were used as robustness indicators (Gauchi & Chagnon, 2001; Hawkins, Basak, & Mills, 2003). Coefficient of determination R^2 afforded a measure of how well the amount of a given fatty acid can be predicted. Adjusted R^2 was used to compare models constructed with different number of predictors (Schinka, Velicer, & Weiner, 2003). External validation was applied to assess prediction power of models using the coefficient of determination for the test set (Pred- R^2) as indicator (Roy & Roy, 2008). The best model was selected based on performance (R^2 and Adjusted R^2) and validation (Q^2_{cum} , PRESS, and Pred- R^2) parameters (Merchak, Silvestre, Loquet, Rizk, Akoka, & Bejjani, 2017).

3. Results and discussion

Reference lineshape adjusted spectra of TAG extracted from egg yolk samples were deconvoluted using Lorentz fitting function. As previously mentioned, spectral regions corresponding to specific protons of TAG as well as a signal corresponding to methyl protons of cholesteryl esters were separately considered. In each case, peaks were iteratively added following the developed approach described in our previous study (Hajjar, Merchak, Daniel, Rizk, Akoka, & Bejjani, 2020). As a result, 135 peaks were deconvoluted and their corresponding intensities and areas were determined (Supplemental Fig. S-1). Only variables obtained with a precision lower than 10% were retained. Otherwise, peaks were combined with their appropriate neighbors in order to reach this precision. As shown in Supplemental Table S-3, 82 intensities and their corresponding areas were retained and used as predictors in chemometrics.

3.1. Quantitation of conjugated polyene acids

The main difference between conventional and other farming systems is the access to outdoor space where hens are expected to eat not only grains but insects and seeds from vegetation. It was noticed that food products derived from grass-fed animals contained more CLA and CLnA than those derived from grain-fed animals (Daley, Abbott, Doyle, Nader, & Larson, 2010). Therefore, CLA and CLnA in egg yolk could be potential biomarkers of the type of hens farming system. In order to quantitate these compounds present in minute amounts within egg yolk triacylglycerols, their barely detectable signals (5.87–5.95 and 6.21–6.31 ppm for CLA; 5.98–6.07 and 6.40–6.45 ppm for CLnA; Fig. 1) (Manzano Maria, Colnago, Aparecida Forato, & Bouchard, 2010) were considered before reference lineshape adjustment of spectra. This was to

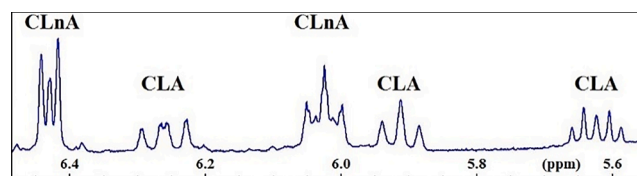


Fig. 1. Signals corresponding to vinylic protons of Conjugated Linoleic and Linolenic Acids (CLA and CLnA, respectively).

avoid the decrease of signal/noise ratios (Metz, Lam, & Webb, 2000). For CLA, intensities of peaks at 5.91 and 6.26 ppm were determined and their average I_{CLA} calculated. Likewise, I_{CLnA} was calculated based on intensities of peaks at 6.02 and 6.42 ppm. Intensity ratios I_{CLA}/I_{α} and I_{CLnA}/I_{α} (I_{α} is the intensity of the peak at 2.31 ppm within the signal of protons at position 2 of global fatty acids) were then determined and converted into molar percentages. Conversion factors were determined based on the quantitation of CLA and CLnA using signal integrals instead of peak intensities (only samples relatively rich in CLA and CLnA were used to this end).

Thus, molar percentages of CLA and CLnA were added to the list of predictors used to construct classification models of samples.

It was remarkable that samples of groups B (backyard) and E (free-range) were higher in CLA and CLnA than other groups (Supplemental Table S-4). This was probably related to birds feed composition (Supplemental Table S-1) since human food leftovers that might contain ruminant meats, dairy products, and pomegranate seeds were added to hens of groups B and E. Ruminant based leftovers and pomegranate seeds are sources of CLA and CLnA, respectively. It is known that an increase of CLA in hens diet induced an increase of their percentage in lipids of egg yolks, making eggs potential sources of conjugated acids (Chamrusspollert & Sell, 1999; Du, Ahn, & Sell, 1999; Jones, Ma, Robinson, Field, & Clandinin, 2000; Szymczyk & Pisulewski, 2003).

However, since feed composition of groups B and E was the most varied among all the studied groups, and was free of antibiotics, the hypothesis that these hens had intestinal bacterial flora capable of converting linoleic and linolenic acids into CLA and CLnA, on one hand, and converting CLnA into CLA, on the other hand, was also conceivable (Dhar Dubey et al., 2019). Indeed, molar percentages of CLA and CLnA were found to be strongly correlated (Pearson's $r(10) = 0.923$, $p = 0.0001$) over the 10 samples containing both these fatty acids (Supplemental Table S-4), which is in favor of this hypothesis. Previous studies demonstrated the ability of specific *Bifidobacterium* strains to convert linoleic and α -linolenic acids into CLA and CLnA, respectively (Gorissen et al., 2010; Fontes, Pimentel, Rodríguez-Alcalá, & Gomes, 2018).

3.2. Classification of samples according to their origin and to the corresponding farming system

PCA was used as an unsupervised analysis to verify whether there was a classification trend of egg samples based on intensities of deconvoluted peaks as well as molar percentages of CLA and CLnA. This revealed that organic eggs were distinguishable from other samples (Supplemental Fig. S-2 and Table S-5). Furthermore, a supervised analysis based on CDA and LDA allowed construction of classification models for organic (group A) and non-organic (the other groups) samples as well as for conventional cages (groups C and D), free-range (group E), and backyard cages (group B) samples. On the first hand, a complete separation ($F(1,32) = 334.11$; $p < 0.00001$; LDA-Er = 0%) between organic and non-organic samples was achieved with only one variable, SumLNI (sum of intensities of the 5 deconvoluted peaks used to fit methyl protons of linolenic acid signal). TAG in organic samples were found to be higher in linoleic acid (Fig. 2.a). On the other hand, samples from non-organic farming systems (i.e., conventional cages, free-range, and backyard cages) were discriminated using 9 predictors with LDA-

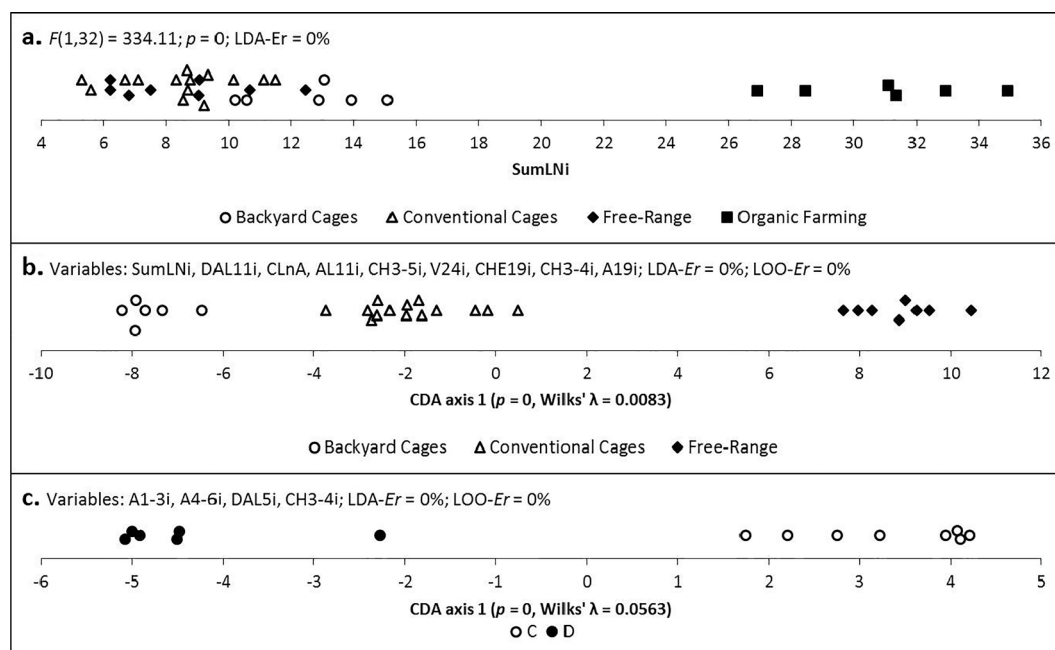


Fig. 2. Discrimination of organic and non-organic eggs (a); classification of non-organic eggs according to the hens farming system (b); and classification of eggs laid by hens raised in conventional cages according to their origin (c). $p = 0$, given by one-way ANOVA, means that it is less than 0.0001. The error rates given by Linear Discriminant Analysis (LDA-Er) and Leave-One-Out cross-validation test (LOO-Er) were used as classifier performance and robustness indicators, respectively. Variables used in classifications are reported in decreasing order of importance based on their Wilks' λ value. See [Supplemental Table S-3](#) for peak labels.

Er and LOO-Er both equal to 0% (Fig. 2.b). In addition, eggs laid by hens raised in conventional cages were perfectly classified according to their origin (group C or D) using a CDA model based on 4 variables (LDA-Er and LOO-Er of 0%) (Fig. 2.c). We mention herein that Partial Least Squares (PLS) based discriminant analyses (PLS-DA and PLS-LDA) afforded less robust classification models.

3.3. Classification of samples according to the hens' breed

Classification of samples according to the hens' breed was also investigated. In order to exclude extrinsic factors that may affect eggs composition, we considered egg samples from the same origin but from different hen breeds. Thus, we considered samples of groups C and D separately, both corresponding to two hybrid hen breeds (mainly crosses of the purebred Rhode Island Red and White). The two different hybrid breeds laid eggs of different eggshell colors (brown and white). A single variable (A18i, [Supplemental Fig. S-1.d](#) and [Table S-3.a](#)) allowed the discrimination between samples of these breeds within each group ([Supplemental Fig. S-3](#)). A18i is the intensity of a deconvoluted peak in the aliphatic region of the spectra. It probably corresponds to saturated fatty acids (mainly palmitic and stearic) since their percentages within egg yolk TAG were higher in white eggs from both groups, as given by

Table 1
Mass percentages of Palmitic (P), Stearic (S), and total Saturated Fatty Acids (SFA) determined by GC within egg yolk triacylglycerols.

Group	P %		S %		SFA %	
	White	Brown	White	Brown	White	Brown
C	27.43	26.24	6.54	3.10	34.40	29.79
	27.20	25.70	5.53	3.82	33.19	30.01
	27.87	24.51	5.99	4.78	34.35	29.82
	25.51	25.80	7.08	4.49	33.06	30.76
D	30.50	25.55	5.10	3.96	36.11	30.01
	31.13	25.50	4.26	3.78	35.91	29.90
	31.67	27.24	5.23	5.12	37.50	32.91
Mean	28.76	25.79	5.68	4.15	34.93	30.46

GC results ([Table 1](#)). Since both eggs of groups C and D were laid by hens raised in conventional cages, they were combined and regrouped as white and brown eggs. Also in this case, as shown in [Fig. 3.a](#), variable A18i perfectly classified samples according to the eggshell color ($F(1,12) = 75.57; p < 0.00001$). Given that A18i afforded much better classification than did palmitic (P), stearic (S), and saturated fatty acids (SFA), it is most likely that this peak is correlated to the distribution of saturated fatty acids on the *sn*-1,3 and *sn*-2 positions of the glycerol moiety in triacylglycerols. Furthermore, we considered samples of group E corresponding to four hens of different breeds (designated with respect to the eggshell color as indicated in [Fig. 3.b](#)). Samples were collected over 2 days (2 eggs from each bird). As shown in [Fig. 3.b](#), variable SumLNI (representing linolenic acid) allowed a perfect discrimination of samples according to the hen breed within this group ($F(3,4) = 24.02; p = 0.0051$). No other NMR variable or fatty acid percentage was able to afford such separation between these samples. It is noteworthy that such separation in this case was not necessarily due to the hen breeds. This could be due to intrinsic or extrinsic factors differentiating birds, even those of the same breed.

3.4. Quantitation of individual fatty acids within egg yolk TAG using ^1H NMR

GC was used as a reference analytical method for the quantitation of fatty acids within egg yolk TAG ([Supplemental Table S-2](#)). It allowed to quantitate the following fatty acids listed in decreasing order of their mass percentages: oleic, palmitic, linoleic, stearic, vaccenic, palmitoleic, hypogeic, myristic, linolenic, gondoic, and margaric acids. Relative mass percentages of fatty acids thus determined were used as dependent variables (targets) in the construction of PLSR models for their prediction with deconvoluted peak areas and intensities from ^1H NMR spectra ([Table S-2](#)) as input variables. This approach allowed to construct quantitation models for oleic (O), stearic (S), vaccenic (V), palmitoleic (Po), hypogeic (H), and myristic (My) acids (Eqs. (2)–(7) in [Supplemental Table S-6](#)). Parameters corresponding to the performance and the robustness of each model are shown in [Fig. 4](#).

Following the same approach, we did not reach a robust model for

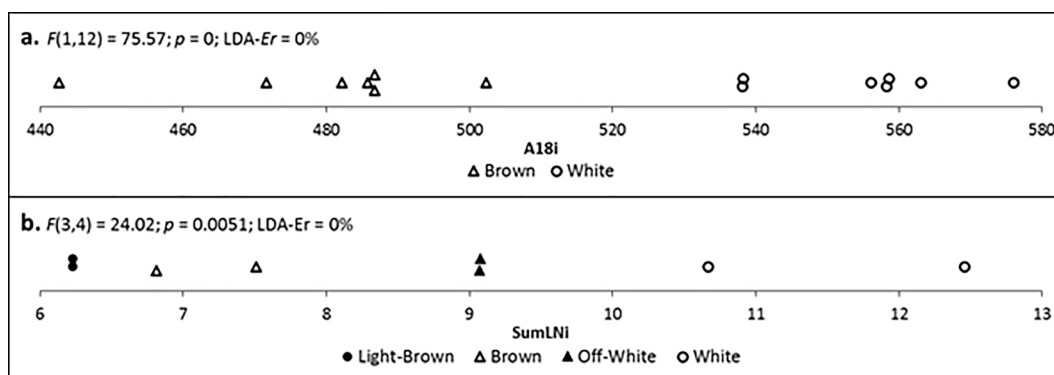


Fig. 3. Classification of egg samples according to the hens' breed. Variable A18i was the breed predictor for samples of groups C and D (a). Within group F, samples were discriminated using SumLNI (b). $p = 0$, given by one-way ANOVA, means that it is less than 0.0001. The error rate given by Linear Discriminant Analysis (LDA-Er) was used as classifier performance indicator. See Supplemental Table S-3 for peak labels.

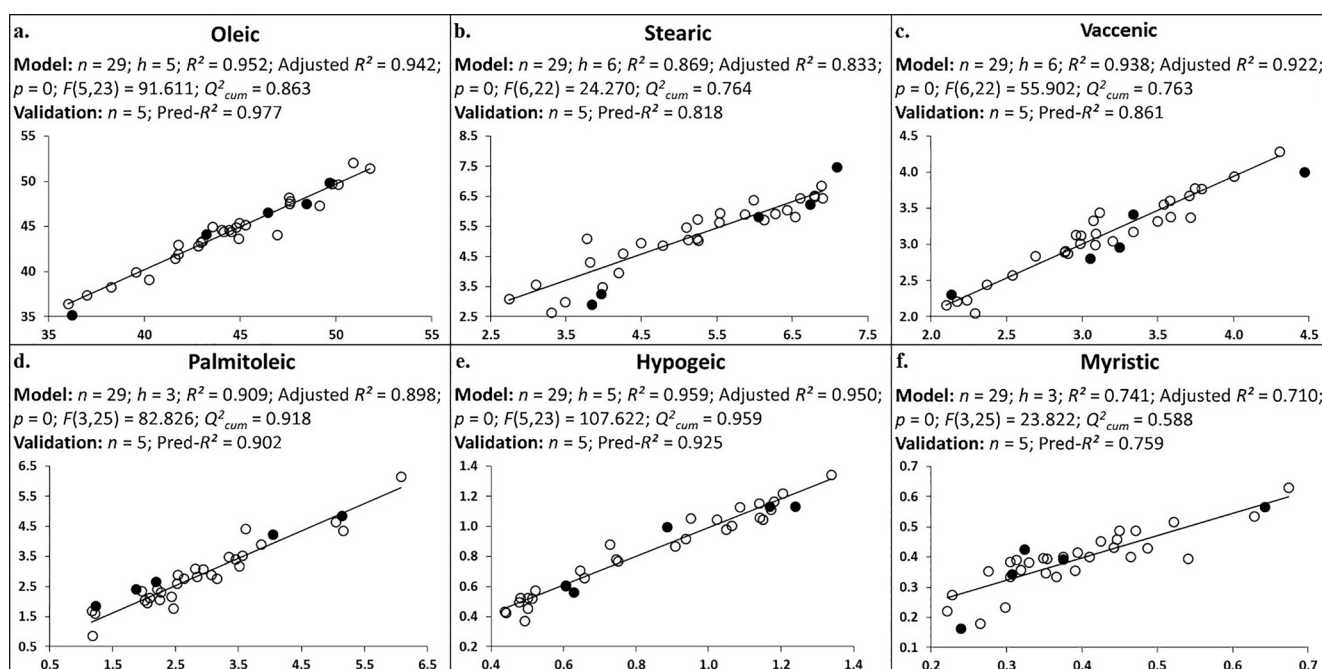


Fig. 4. Correlations between fatty acid percentages obtained by GC (x-axis) and those predicted using the high-resolution ^1H NMR method (y-axis). \circ Training samples, \bullet test samples for model validation, $p = 0$ means that it is less than 0.00001.

the prediction of palmitic acid (P) percentage within yolk TAG. However, since palmitic and stearic acids were the most abundant Saturated Fatty Acids (SFA) in this matrix, and aiming for a better prediction of palmitic acid, a model for the quantitation of SFA was built instead (Eq. (8) in Supplemental Table S-6 & Supplemental Fig. S-4). Then, mass percentage of palmitic acid was calculated by subtracting the predicted mass percentage of stearic acid from that of SFA. Predicted values of palmitic acid were highly correlated with values obtained by GC (training samples: $n = 29, R^2 = 0.921, p < 0.00001$; test samples: $n = 5, R^2 = 0.906, p = 0.0127$).

Moreover, linoleic acid (L) was directly quantitated using variable AL3i at 2.037 ppm (Supplemental Table S-3.a and Fig. S-1.e). The same variable was used for quantitation of L in olive oil (Hajjar, Merchak, Daniel, Rizk, Akoka, & Bejjani, 2020). This variable, obtained with a reproducibility of 0.37%, highly correlated with L over the 34 samples considered in the present study ($L = 0.437 \times \text{AL3i} - 1.707, n = 34, R^2 = 0.998, p < 0.00001$). Similarly, linolenic acid (Ln) was quantitated using the sum of intensities of its methyl protons ($\text{Ln} = 0.039 \times \text{SumLNI} - 0.143, n = 33, R^2 = 0.986, p < 0.00001$). In this case, a sample

was excluded from the population since its Ln content was undetectable by GC.

4. Conclusion

A reliable and fast ^1H NMR-based metabolomics was conducted for the authentication of hen eggs as a model food matrix of animal origin. Reference lineshape adjustment of resulting spectra followed by their deconvolution allowed discovering efficient variables for discrimination of samples according to their origin. Such predictors can be used to detect food fraud. The presence of conjugated acids in specific samples was closely related to the hens rearing system and feed composition. Almost all fatty acids were quantitated using variables from deconvoluted ^1H NMR spectra of triacylglycerols. Therefore, this approach can be applied for authentication of foodstuffs of animal and vegetable origins due to the ubiquitous occurrence of triacylglycerols. More precisely, dairy products authentication using this mean can be interesting owing to their particular fatty acid profile comprising butyric, caproic, and conjugated linoleic acids.

CRediT authorship contribution statement

Ghina Hajjar: Investigation, Data curation, Formal analysis, Writing - original draft. **Lenny Haddad:** Investigation, Formal analysis. **Toufic Rizk:** Project administration, Funding acquisition. **Serge Akoka:** Conceptualization, Supervision, Resources, Writing - review & editing, Funding acquisition. **Joseph Bejjani:** Conceptualization, Methodology, Validation, Supervision, Resources, Writing - review & editing, Funding acquisition.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgments

The authors would like to acknowledge the National Council for Scientific Research of Lebanon (CNRS-L) and the Research Council of Saint-Joseph University of Beirut for granting a doctoral fellowship to G. H. The CORSAIRE platform from Biogenouest is also acknowledged. The authors also thank Denis LOQUET for his help in gas chromatography analysis.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.foodchem.2021.130056>.

References

- Ackermann, S. M., Lachenmeier, D. W., Kuballa, T., Schutz, B., Spraul, M., & Bunzel, M. (2019). NMR-based differentiation of conventionally from organically produced chicken eggs in Germany. *Magnetic Resonance in Chemistry, (Special Issue)*, 1–10. <https://doi.org/10.1002/mrc.4838>.
- Chamrusspollert, M., & Sell, J. L. (1999). Transfer of dietary conjugated linoleic acid to egg yolks of chickens. *Poultry Science*, 78, 1138–1150.
- Coletta, L. D., Pereira, A. L., Coelho, A. A. D., Savino, V. J. M., Menten, J. F. M., Correr, E., ... Martinelli, L. A. (2012). Barn vs. free-range chickens: Differences in their diets determined by stable isotopes. *Food Chemistry*, 131, 155–160. <https://doi.org/10.1016/j.foodchem.2011.08.051>.
- Daley, C. A., Abbott, A., Doyle, P. S., Nader, G. A., & Larson, S. (2010). A review of fatty acid profiles and antioxidant content in grass-fed and grain-fed beef. *Nutrition Journal*, 9, 10–21.
- de Oliveira Mendes, T., Porto, B. L. S., Almeida, M. R., Fantini, C., & Sena, M. M. (2019). Discrimination between conventional and omega-3 fatty acids enriched eggs by FT-Raman spectroscopy and chemometric tools. *Food Chemistry*, 273, 144–150. <https://doi.org/10.1016/j.foodchem.2017.12.084>.
- del Amor, F. M., Navarro, J., & Aparicio, P. M. (2008). Isotopic discrimination as a tool for organic farming certification in sweet pepper. *Journal of Environment Quality*, 37 (1), 182–185. <https://doi.org/10.2134/jeq2007.0329>.
- Dhar Dubey, K. K., Sharma, G., & Kumar, A. (2019). Conjugated linolenic acids: Implication in cancer. *Journal of Agricultural and Food Chemistry*, 67(22), 6091–6101. <https://doi.org/10.1021/acs.jafc.9b01379>.
- Du, M., Ahn, D. U., & Sell, J. L. (1999). Effect of dietary conjugated linoleic acid on the composition of egg yolk lipids. *Poultry Science*, 78(11), 1639–1645.
- Erich, S., Schill, S., Annweiler, E., Waiblinger, H. U., Kuballa, T., Lachenmeier, D. W., & Monakhova, Y. B. (2015). Combined chemometric analysis of ¹H NMR, ¹³C NMR and stable isotope data to differentiate organic and conventional milk. *Food Chemistry*, 188, 1–7. <https://doi.org/10.1016/j.foodchem.2015.04.118>.
- European Commission. (1977). Commission Regulation No 72/77 of 13 January 1977 Amending Regulation (EEC) No 1470/68 on the drawing and reduction of samples and the determination of oil content, impurities and moisture in oil seeds. Retrieved from <http://eur-lex.europa.eu>.
- European Commission. (2018 and 2019). Monthly Summary of Articles on Food Fraud and Adulteration. Retrieved from <https://ec.europa.eu/knowledge4policy/publication/food-fraud-summary-month-reports>.
- Fauhl, C., Reniero, F., & Guillou, C. (2000). ¹H NMR as a tool for the analysis of mixtures of virgin olive oil with oils of different botanical origin. *Magnetic Resonance in Chemistry*, 38(6), 436–443. [https://doi.org/10.1002/1097-458X\(200006\)38:6<436::AID-MRC672>3.0.CO;2-X](https://doi.org/10.1002/1097-458X(200006)38:6<436::AID-MRC672>3.0.CO;2-X).
- Fernandez, C., Astier, C., Rock, E., Coulon, J.-B., & Berdague, J.-L. (2004). Characterization of milk by analysis of its terpene fractions. *International Journal of Food Science and Technology*, 38(4), 445–451. <https://doi.org/10.1046/j.1365-2621.2003.00708.x>.
- Fontes, A. L., Pimentel, L., Rodríguez-Alcalá, L. M., & Gomes, A. (2018). Effect of pufa substrates on fatty acid profile of bifidobacterium breve ncimb 702258 and CLA/CLNA production in commercial semi-skimmed milk. *Nature*, 8, 15591–15602. <https://doi.org/10.1038/s41598-018-33970-2>.
- Gauchi, J. P., & Chagnon, P. (2001). Comparison of selection methods of explanatory variables in PLS regression with application to manufacturing process data. *Chemometrics and Intelligent Laboratory Systems*, 58(2), 171–193. [https://doi.org/10.1016/S0169-7439\(01\)00158-7](https://doi.org/10.1016/S0169-7439(01)00158-7).
- Gładkowski, W., Chojnacka, A., Kielbowicz, G., Trziszka, T., & Wawrzęńczyk, C. (2012). Isolation of pure phospholipid fraction from egg yolk. *Journal of the American Oil Chemists' Society*, 89(1), 179–182. <https://doi.org/10.1007/s11746-011-1893-x>.
- Godelmann, R., Fang, F., Humpfer, E., Schutz, B., Bansbach, M., Schafer, H., & Spraul, M. (2013). Targeted and nontargeted wine analysis by ¹H NMR spectroscopy combined with multivariate. *Journal of Agricultural and Food Chemistry*, 61(23), 5610–5619. <https://doi.org/10.1021/jf400800d>.
- Gorissen, L., Raes, K., Weckx, S., Dannenberger, D., Leroy, F., De Vuyst, L., & De Smet, S. (2010). Production of conjugated linoleic acid and conjugated linolenic acid isomers by Bifidobacterium species. *Applied Microbiology and Biotechnology*, 87(6), 2257–2266. <https://doi.org/10.1007/s00253-010-2713-1>.
- Hajjar, G., Merchak, N., Daniel, C., Rizk, T., Akoka, S., & Bejjani, J. (2020). Improved lipid mixtures profiling by ¹H NMR using reference lineshape adjustment and deconvolution techniques. *Talanta*, 208, 120475. <https://doi.org/10.1016/j.talanta.2019.120475>.
- Hajjar, G., Rizk, T., Akoka, S., & Bejjani, J. (2019). Cholesterol, a powerful ¹³C isotopic biomarker. *Analytica Chimica Acta*, 1089, 115–122.
- Hajjar, G., Rizk, T., Bejjani, J., & Akoka, S. (2020). Metaboisotopomics of triacylglycerols from animal origin: A simultaneous metabolomic and isotopic profiling using ¹³C INEPT. *Food Chemistry*, 315, 126325. <https://doi.org/10.1016/j.foodchem.2020.126325>.
- Hawkins, D. M., Basak, S. C., & Mills, D. (2003). Assessing model fit by cross-validation. *Journal of Chemical Information and Computer Sciences*, 43(2), 579–586.
- Hohmann, M., Monakhova, Y. B., Erich, S., Christoph, N., Wachter, H., & Holzgrabe, U. (2015). Differentiation of organically and conventionally grown tomatoes by chemometric analysis of combined data from proton nuclear magnetic resonance and mid-infrared spectroscopy and stable isotope analysis. *Journal of Agricultural and Food Chemistry*, 63(43), 9666–9675. <https://doi.org/10.1021/acs.jafc.5b03853>.
- International Olive Council. (2015). Determination of fatty acid methyl esters by gas chromatography. Madrid. <https://doi.org/COI/T.20/Doc.No.33>.
- Jones, S., Ma, D. W. L., Robinson, F. E., Field, C. J., & Clandinin, M. T. (2000). Isomers of conjugated linoleic acid (CLA) are incorporated into egg yolk lipids by CLA-fed laying hens. *The Journal of Nutrition*, 130(8), 2002–2005. <https://doi.org/10.1093/jn/130.8.2002>.
- Kortseniemi, M., Slupsky, C. M., Ollikka, T., Kauko, L., Spevacek, A. R., Sjövall, O., ... Kallio, H. (2016). NMR profiling clarifies the characterization of Finnish honeys of different botanical origins. *Food Research International*, 86, 83–92. <https://doi.org/10.1016/j.foodres.2016.05.014>.
- Manzano Maria, R., Colnago, L. A., Aparecida Forato, L., & Bouchard, D. (2010). Fast and simple nuclear magnetic resonance method to measure conjugated linoleic acid in beef. *Journal of Agricultural and Food Chemistry*, 58(11), 6562–6564. <https://doi.org/10.1021/jf100345e>.
- Merchak, N., El Bacha, E., Bou Khouzam, R., Rizk, T., Akoka, S., & Bejjani, J. (2017bb). Geoclimatic, morphological, and temporal effects on Lebanese olive oils composition and classification: A ¹H NMR metabolomic study. *Food Chemistry*, 217, 379–388. <https://doi.org/10.1016/j.foodchem.2016.08.110>.
- Merchak, N., Silvestre, V., Loquet, D., Rizk, T., Akoka, S., & Bejjani, J. (2017aa). A strategy for simultaneous determination of fatty acid composition, fatty acid position, and position-specific isotope contents in triacylglycerol matrices by ¹³C-NMR. *Analytical and Bioanalytical Chemistry*, 409(1), 307–315.
- Metz, K. R., Lam, M. M., & Webb, A. G. (2000). Reference deconvolution. A simple and effective method for resolution enhancement in nuclear magnetic resonance spectroscopy. *Concepts in Magnetic Resonance*, 12(1), 21–42.
- Monakhova, Y. B., Rutledge, D. N., Roßmann, A., Waiblinger, H.-U., Mahler, M., Ilse, M., ... Lachenmeier, D. W. (2013). Determination of rice type by ¹H NMR spectroscopy in combination with different chemometric tools. *Journal of Chemometrics*, 28(2), 83–92. <https://doi.org/10.1002/cem.v28.210.1002/cem.2576>.
- Morris, G. A., Barjat, H., & Horne, T. J. (1997). Reference deconvolution methods. *Progress in Nuclear Magnetic Resonance Spectroscopy*, 31(2–3), 197–257. [https://doi.org/10.1016/S0079-6565\(97\)00011-3](https://doi.org/10.1016/S0079-6565(97)00011-3).
- Palacios, L. E., & Wang, T. (2005). Egg-yolk lipid fractionation and lecithin characterization. *Journal of the American Oil Chemists' Society*, 82(8), 571–578. <https://doi.org/10.1007/s11746-005-1111-4>.
- Puertas, G., & Vázquez, M. (2019). Fraud detection in hen housing system declared on the eggs' label: An accuracy method based on UV-VIS-NIR spectroscopy and chemometrics. *Food Chemistry*, 288(January), 8–14. <https://doi.org/10.1016/j.foodchem.2019.02.106>.
- Rakotomalala, R. (2005). Tanagra: A free software for research and academic purposes. *Proceedings of EGC*.
- Rogers, K. M. (2009). Stable isotopes as a tool to differentiate eggs laid by caged, barn, free range, and organic hens. *Journal of Agricultural and Food Chemistry*, 57(10), 4236–4242. <https://doi.org/10.1021/jf803760s>.
- Roy, P., & Roy, K. (2008). On some aspects of variable selection for partial least squares regression models. *QSAR and Combinatorial Science*, 27(3), 302–313. [https://doi.org/10.1002/\(ISSN\)1611-021810.1002/qsar.v27:310.1002/qsar.200710043](https://doi.org/10.1002/(ISSN)1611-021810.1002/qsar.v27:310.1002/qsar.200710043).

Schinka, J. A., Velicer, W. F., & Weiner, I. B. (2003). Handbook of psychology.

Spiteri, M., Rogers, K. M., Jamin, E., Thomas, F., Guyader, S., Lees, M., & Rutledge, D. N. (2016). Combination of ^1H NMR and chemometrics to discriminate manuka honey from other floral honey types from Oceania. *Food Chemistry*, 217, 766–772. <https://doi.org/10.1016/j.foodchem.2016.09.027>.

Szymczyk, B., & Pisulewski, P. M. (2003). Effects of dietary conjugated linoleic acid on fatty acid composition and cholesterol content of hen egg yolks. *British Journal of Nutrition*, 90(1), 93–99. <https://doi.org/10.1079/BJN2003873>.